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CHANGING THE WAY WE VOTE?
metroNEWS

Your essential daily news | WEDNESDAY, JUNE 17, 2015 | High 26°C/Low 8°C Rain

Businesses say

It's not only fans who enjoyed FIFA. Metro asked local businesses about the Women's World Cup.

We've had people from all over ... everyone had a good time here.

Raj Maniar, manager at Barley Brothers Pembina

We've definitely had a lot of crowds coming our way.

Vishal Sagar of Fairmont Winnipeg

Our opening weekend got a nice bump in attendance.

Michael P. Falk of the Winnipeg International Jazz Festival

Peg's FIFA farewell

Yuki Ogimi of Japan scores the winning goal against Ecuador during the FIFA Women's World Cup match on Tuesday, the last game held in Winnipeg. Japan took the game with a 1-0 win. More FIFA coverage, metroSPORTS. GETTY IMAGES

FIFA lovers say

As the last game in the city kicked off Tuesday, Metro spoke to fans about their thoughts on the Women's World Cup.

Winnipeg has done a superb job.

Orlando Carmona, Manizales, Colombia

The vibe in the stadium has been awesome because there is such an international flavour.

Mike Charlton, Ocean Springs, Miss.

There's been a big buzz around it.

Mireille Lemoine, Winnipeg

metro NEWS

Your essential daily news

The Donald wants to be president. **World**

Business aims to take 'pressure' off bereaved

SERVICE

Integrity Death Care deals with funeral homes for their clients

Dave Baxter
Metro | Winnipeg

A Winnipeg business wants to take some of the stress off of people who are forced to deal with the business of death.

Shane Neufeld says he has watched the funeral business change into a "sales driven" business over the last two decades.

"There is a lot of pressure to sell the most expensive caskets or urns or other products," said Neufeld, who worked as a funeral director for 22 years.

"There are great people in the industry, but families are being exposed to commission-paid salespeople after a death has occurred."

Neufeld's friend Bailey Wall lost her sister about a year ago, and Neufeld helped her family with funeral planning.

Neufeld and Wall, along with two other partners, have now started Integrity Death Care as a way to take the stress of funeral planning off others. It's believed to be the first of its kind in Canada.

Bailey Wall and Shane Neufeld in the meeting room at Integrity Death Care. DAVE BAXTER/METRO

The company consults with clients about what kind of funeral they are looking for, and then they do all the negotiating with funeral homes.

Wall said that dealing with a death in her family made her realize people often feel the only way to properly honour their loved ones is to spend a lot of money.

"It's a natural feeling that people want to do the best when someone passes away, but they don't realize the best is not necessarily the most expensive," said Wall.

Neufeld said he believes most people are smart shoppers in other areas, but often have trouble negotiating the planning of a funeral.

"People are OK to spend however much money they want, but we don't make any more based on what they end up spending, so there is no incentive for us to sell the most expensive products."

Neufeld said their minimum cost for services is around $495 and their maximum never goes any higher than $685.

For more information,visit integritydeathcare.com.

ADOPTION

Rules for disclosure changed

It was a day many adopted children and birth parents in Manitoba were waiting for.

Starting Monday, the Adoption Act allows adoptees aged 18 or older to access pre-adoption birth registration information, and birth parents of adult adoptees access to their post-adoption, substituted registration of birth.

Under the previous Manitoba law, only adoptees born after records were partially opened in 1999 could access their pre-adoption information.

Roy Kading, who was adopted and has since met his birth parents, said it's an important step for many.

"It answers a lot of questions about your past and who you are today," said Kading, who was adopted in 1935 and met his biological parents in 1977. "Suddenly you find out who you might look like … medical information, or more. That's very important."

Kading runs a website called LINKS that helps provide information to those who may be searching for their biological parents, or parents looking for a child. There are more than 5,000 people across Canada registered and looking on the site, he said.

Adoptees and birth parents will be able to file a disclosure veto, if desired, which prohibits the release of identifying information. Vetoes filed in the past will remain in effect.

GLOBAL WINNIPEG/THE CANADIAN PRESS

HUMAN RIGHTS

ISIL supporter's case concerns lawyer

Dave Baxter
Metro | Winnipeg

A local human rights lawyer says he is "deeply concerned" a Winnipeg man is now living under strict bail conditions, despite never being charged with a crime.

Aaron Driver, 23, who has openly supported the Islamic State of Iraq and the Levant (ISIL) on Twitter, was held in jail for eight days but never charged with a crime.

He was released Friday after making a bail application and agreeing to a list of more than 20 conditions, including wearing an electronic monitoring device, following a curfew, and not using a computer or any other device that would allow him to go online. He has also been ordered to take a "religious counselling" course.

"The way this individual has been treated has been mind-boggling," said Corey Shefman, the president of the Manitoba Association of Rights and Liberties.

"It's important we separate his abhorrent views to the way he has been treated, and the way the government has deprived him of his rights."

He said if there are any reasons for law enforcement to think that Driver is a threat to people's safety than he should be arrested and charged.

"If there is any evidence that he is planning to hurt Canadian citizens then arrest him, absolutely."

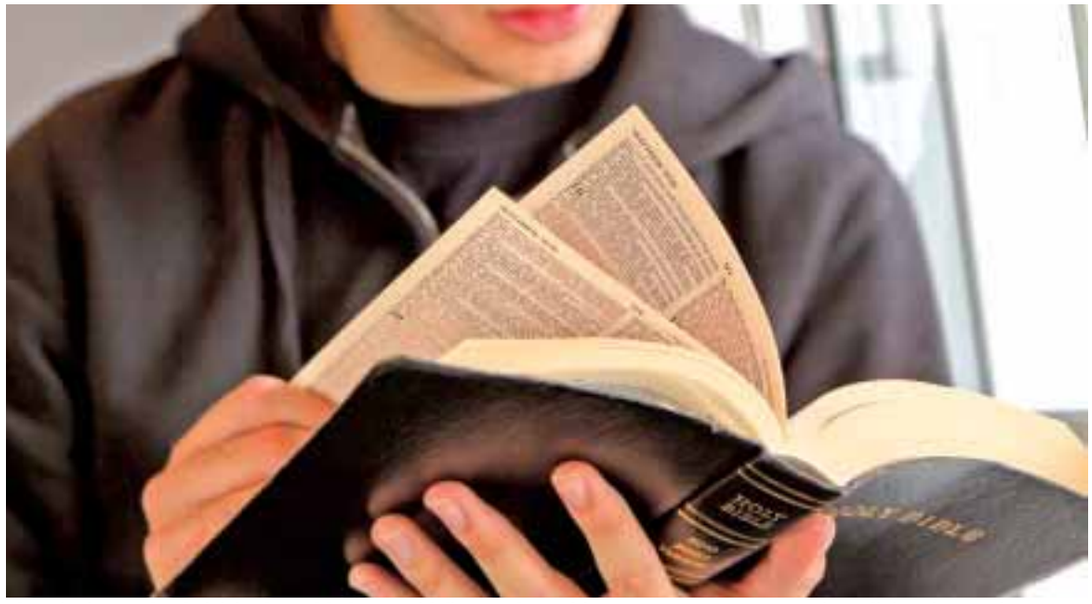
> **The way this individual has been treated has been mind-boggling.**
> Corey Shefman

He also said he his bothered that any Canadian citizen would be ordered to take a religious counselling course.

"I can't imagine a Canada where a person could be thrown in jail for not partaking in a religious activity . . . Jail is an awful place, so when he's faced with a choice than of course he's going to get out."

Federal authorities are now seeking a peace bond to limit Driver's activities on suspicion that he might support a terrorist group.

Human rights lawyer Corey Shefman at the Boudreau Law office. DAVE BAXTER/METRO



The Winnipeg School Division has added new guidelines to the petition process parents requesting religious instruction at their schools have to go through. THINK STOCK

Division adds new religion guidelines

EDUCATION

Province wants more control over religious instruction

Shane Gibson
Metro | Winnipeg

While it waits to hear back from the province about getting more control over religious instruction in its schools, Winnipeg's largest school division has developed guidelines that tighten the process parents go through to request religious instruction for their kids.

Earlier this month the Winnipeg School Division Board of Trustees asked the provincial government to review wording in the Public Schools Act section on religious instruction, which currently leave them powerless to say no if a petition is submitted with 25 signatures.

Board chair Mark Wasyliw said the request stems from a petition the division receives every year from U.S.-based Child Evangelism Fellowship, which he said has caused division among parents at schools where they've been granted religious instruction.

"They've been involved in our schools for the last 20 years and we've had some problems with them with aggressive recruiting in the sense that they'll be using candy to recruit children and peer pressure," he said. "We've had parents get into physical disputes on our school grounds over religious debates and at times it can be very divisive."

The Child Evangelism Fellowship has said it does not try to recruit students.

The school division wants the province to change the act's wording from "the school board shall pass a bylaw authorizing instruction in religion" to "it may pass."

The guidelines announced Tuesday is meant to make sure parents know the curriculum has not been approved or developed by the WSD and add rules to how the sponsoring organization collects its signature, said Wasyliw.

He also said the guidelines include a new standardized petition that must include the name of the sponsoring organization and a requirement that the sponsoring organization make their curriculum available in the school office.

"In the past the petitions were very loose and we were finding some strange irregularities," he said. "We're hoping if they follow these rules all the problems that we've had in the past will be avoided."

—WITH FILES FROM THE CANADIAN PRESS

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TONIGHT!
The Guess Who
at 8 p.m. on the Main Stage.
Sally Bishop's Trick Riding Show
A high speed show with a focus on precision and polish. Don't miss the terrific skill and showmanship these human and animal performers bring to the ring. Shows at 5:00, 7:00 p.m.
NEW
Senior Idol
Watch yesterday's stars shine again at the Red Barn Stage from 4:00 p.m. to 6:00 p.m.
SENIOR IDOL
The Very Hungry Caterpillar
Watch the Very Hungry Caterpillar chew his way to the Red River Ex! Shows at 4:00, 7:00 p.m.
NEW

Job growth push cost $1M

GOVERNMENT SPENDING

Ads intended to show how Manitobans' taxes are used

The Manitoba government spent almost $1 million in the last fiscal year on signs and advertisements promoting its Steady Growth, Goods Jobs campaign.

The NDP government spent $665,474 on radio, TV, newspaper and online advertisements in the fiscal year that ended March 31, show documents obtained by The Canadian Press under the province's freedom-of-information law.

Another $327,261 was spent installing and maintaining signs at road construction sites, public housing renovations and other locations where infrastructure work occurred.

The money does not include ads for other government initiatives such as the provincial budget. It is only for the Steady Growth campaign that the Opposition has criticized as taxpayer-funded propaganda.

The government said the ads are necessary and has compared them to federal promotions for initiatives like "Canada's Economic Action Plan."

"We are running a public awareness campaign to show Manitobans how their tax dollars are being invested to build and repair roads, bridges and other major projects throughout the province," Rachel Morgan, press secretary for Infrastructure and Transportation Minister Steve Ashton, wrote in an email Monday.

The Steady Growth campaign began after the government raised the provincial sales tax to eight per cent from seven in 2013. Initially, the government said the money would be used for a variety of measures, including the preservation of front-line services.

But after months of public backlash, the government refocused its messaging, and said all the money from the increase would be used for core infrastructure work — roads, bridges and public housing.

Hundreds of signs have sprouted up across the province. They are mostly green with the Steady Growth, Good Jobs slogan in large white letters. In smaller font is a general description of the work being done — such as "residential street renewal."

The government has a policy that allows the signs to be erected at construction sites long before work begins and, in cases where the work lasts more than one year, to be left up over the winter lull. THE CANADIAN PRESS

> **We are running a public awareness campaign to show Manitobans how their tax dollars are being invested.**
> Rachel Morgan, ministry press secretary

A Steady Growth, Good Jobs ad in the May 15 edition of Metro Winnipeg. The government has spent $1 million on a public awareness campaign meant to highlight the infrastructure projects residents' tax dollars are being used for across the province. ELISHA DACEY/METRO

IN BRIEF

Stabbing death ruled to be a result of self-defence

No charges are being laid in the stabbing death of a man in the north end earlier this month after a review by the Crown determined he was killed in self-defence.

Elmer Kakewash, 29, was found stabbed in the 200 block of Dufferin Avenue around 3 a.m. June 4. He was rushed to hospital but later died.

A man was arrested June 10, but police said Tuesday the Crown found the man had been defending himself after being robbed by Kakewash among others.

Police consider the matter closed. METRO

Police warn of phone scam

Winnipeg Police are warning residents to be wary of callers claiming to be them.

The warning comes after reports of a telephone scam surfaced where the caller claims to be from a law enforcement agency and asks for credit card information over an outstanding criminal matter. Police say no criminal matter would ever be dealt with in this way. METRO

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EVENTS

Bowman draws praise for pride parade participation

Winnipeg's mayor is being praised for taking part in the city's gay pride parade over the weekend.

Brian Bowman gave a passionate speech about acceptance before marching side-by-side with thousands of people, some of whom said they have never felt that support from the mayor's office before.

In the past, Bowman's predecessor, Sam Katz, would raise the rainbow flag at city hall to kick off Pride Festival, but organizers don't know why he never participated in the parade.

Jonathan Niemczak, president of Pride Winnipeg, says it's very important that civic leaders show support for the community.

Bowman said he hoped it sent a signal that everyone has a place in Winnipeg.

He called it a small gesture and promised he would be at the parade as often as he can.

"I think it's great. It shows a lot of support from the city for the LGBQT community and it's really acknowledging that there's a place for LGBQT people in Winnipeg," said Mike Tutthill, executive director of the Rainbow Resource Centre.

Pride Winnipeg said it's happy to have an ally at city hall as the level of acceptance in the city is improving, but more work needs to be done.

Politicians of every stripe made appearances this year, including St. Boniface MP Shelley Glover, who pointed out she's participated in the parade since before she entered politics.

Manitoba Liberal Leader Rana Bokhari, who marched with a group of supporters, and Winnipeg Centre MP Pat Martin were also on hand. THE CANADIAN PRESS

Winnipeg Mayor Brian Bowman marches in the Pride parade Sunday. Bowman delivered a passionate speech about acceptance before walking alongside the city's gay community at the event. MAURICE BRUNEAU/CHRISD.CA

Man charged for meth lab at border

DRUG CRIME

American was crossing with materials at Sprague

A Minnesota man is facing charges after agents at the Sprague border crossing say they found what appeared to be a portable methamphetamine lab in his vehicle earlier this month.

The man was crossing the border into Canada on June 4 when Canadian Border Services Agency officers found a backpack containing materials for a suspected meth lab and 85 grams of suspected meth in a plastic bottle.

The RCMP Clandestine Lab Enforcement and Response Team, the Office of the Fire Commissioner and the local fire department were called in to dismantle the lab and secure the scene for further investigation.

Derek Olson, 35, from Wadena, Minn., is charged with production of methamphetamine, importing/exporting methamphetamine and possession for the purpose of trafficking. He remains in custody, and the investigation continues.

Border agents have made 11 drug-related seizures in southern Manitoba this year.
METRO

11

Number of drug-related seizures made by border agents in southern Manitoba this year

Agents inspect a vehicle allegedly carrying a portable meth lab. CONTRIBUTED

WILLIAM AVENUE

Woman jumps from third floor to escape house fire

A woman was taken to hospital after she escaped a fire in an inner-city rooming house by jumping out a third-floor window.

Christie Bear says her sister broke a wrist and is being monitored because she has asthma, but is otherwise expected to recover.

The fire started around the supper hour Monday evening at a three-storey home in the 500 block of William Avenue.

Bear says she has lived in the rooming house for almost five years with her partner and sister.

Neighbour Jeff Cook says he was in his third-floor apartment next door when the fire broke out and he heard people screaming that someone was still inside.

Winnipeg Fire Paramedic Services crews quickly brought the fire under control, but it had already destroyed the house.

"First floor is going to be heavy water damage and smoke," said platoon Chief Ian Campbell.

"Second floor is basically gutted from fire. Third floor takes in some bedrooms and an attic. That's all gone."

Campbell estimated that the fire caused at least $200,000 worth of damage.

The cause is still being investigated.
CTV WINNIPEG/THE CANADIAN PRESS

IN BRIEF

Manitoba boy drowns after falling from swing rope

An eight-year-old boy has drowned in a lake in northern Manitoba.

Island Lake RCMP say it happened last week at St. Theresa Point, a community accessible only by air.

When officers arrived, the local band constable, who is a trained search-and-rescue diver, had located the body of an eight-year-old boy and brought it to the surface.

Police say a group of children around seven and eight years old were playing on a rope swing when the boy slipped and fell into the water.

He was unable to get back to shore.

The investigation is ongoing, but no charges are expected.
THE CANADIAN PRESS

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JOEY'S RESTAURANTS

IMPAIRED DRIVING

Tories introduce tougher DUI laws

Two years after they first made the commitment, the Conservatives are finally introducing a renewed crackdown on drunk drivers — but the new measures aren't about to become law any time soon.

As one of his final acts as justice minister, Peter MacKay on Tuesday introduced the Dangerous and Impaired Driving Act, a bill that reforms transportation-related offences including those relating to impaired driving.

"We are sending a strong signal to those who choose to drive impaired that this behaviour is not only unacceptable, but is also creating a serious risk to public safety and putting everyone on the road at risk," MacKay said.

The government says the many changes to the Criminal Code over the years to address the problem of impaired driving have also made the law more complex, making investigation, prosecution and sentencing more difficult.

So the new bill proposes to untangle that knot, laying out three impaired driving offences and four other transportation-related offences, including failing to stop after a collision and driving while prohibited.

THE CANADIAN PRESS

THE BILL

Once passed, the bill would also increase maximum penalties for impaired driving and introduce new mandatory jail time instead of fines for some offences.

Liberal Party Leader Justin Trudeau holds up a party brochure at an announcement on open government in Ottawa on Tuesday.

SEAN KILPATRICK/THE CANADIAN PRESS

VOICES-VOIX

Report accuses feds of stifling dissent

A coalition of 200 civil society organizations says it wants all political parties to explain to voters how they will ensure that criticism and dissent of the government is not punished by those in power.

That message accompanied the release Tuesday of a report by the coalition, known as Voices-Voix, that revived a complaint that has been voiced against the Conservatives in the past — that it is stifling dissent and suppressing democracy by punishing civil society groups that publicly disagree with its policies.

The coalition is framing its report in the context of the coming federal election, and is calling on all parties to renounce what it calls unprecedented harassment by the government against its critics.

"We have borne witness to hundreds of cases in which individuals, organizations and institutions have been intimidated, defunded, shut down or vilified by the federal government," says the 66-page report.

THE CANADIAN PRESS

> **"It's very, very important for Canadians that this not become the new normal.**
>
> Robert Fox, former head of Oxfam Canada

Trudeau vows he'll 'restore democracy'

ELECTION

Liberal leader wants to change the way Canadians vote

Justin Trudeau wants this fall's vote to be the last federal election conducted under the first-past-the-post electoral system.

And, if the Liberal leader becomes prime minister, it may also be the last election in which Canadians can choose not to vote, as well as the last in which the only way to vote is by marking an X on a paper ballot.

Changing the way Canadians vote is just one element of a sweeping, 32-point plan to "restore democracy in Canada" that Trudeau announced Monday.

Some of the measures have been previously announced, such as strengthening access-to-information laws; empowering backbench MPs by allowing more free votes and beefing up legislative oversight by Commons committees; and ending partisanship in the scandal-plagued Senate.

Others are new or build upon previous commitments.

Perhaps the most ambitious promise, however, is Trudeau's vow to do away with first-past-the-post (FPTP) in time for the next election.

The current system badly distorts voters' choices, allowing a party to win the majority of seats in the House of Commons with less than 40 per cent of the vote, and delivering wildly different seat counts to parties that win similar shares.

Trudeau promised he'd introduce electoral reform legislation within 18 months of forming government. The legislation would be based on the recommendations of a special, all-party parliamentary committee mandated to study alternatives to first-past-the-post, including ranked ballots and proportional representation.

THE CANADIAN PRESS

THE PLAN

Trudeau promised a Liberal government would, among other things:

- Impose spending limits on political parties between elections, not just during election campaigns.
- Appoint an equal number of men and women to cabinet and adopt a government-wide appointment policy to ensure gender parity and greater representation of aboriginal people and other minorities.

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BUDGET

Mulcair touts fiscal credentials

Opposition Leader Tom Mulcair touted the strong record New Democrats have had when it comes to balancing budgets in a major speech Tuesday that sought to position his party as a fiscally responsible government-in-waiting.

On a day that resembled an election campaign — the main parties were all on the hustings — Mulcair took his economic vision to Canada's financial heartland, taking gentle jabs at his main political rivals, Conservative Prime Minister Stephen Harper and Liberal Leader Justin Trudeau.

"I don't believe budgets balance themselves, nor do I believe they become balanced just because you pass a law — zap you're balanced," Mulcair told the Economic Club of Canada.

Mulcair talked about NDP icons such as Tommy Douglas, Roy Romanow and former Manitoba premier Gary Doer — provincial leaders who balanced budgets — even as he took a shot at ex-Liberal MP Bob Rae, who racked up a massive deficit in the recession of the early 1990s as the New Democrat premier of Ontario.

"The federal department of finance's own reports show that NDP governments are the best at balancing the books when in office," Mulcair said. "There was one exception — but he turned out to be a Liberal."

Harper's job-creation and economic-stimulation plans, Mulcair said, simply aren't working, leaving current generations worse off than their parents for the first time in Canadian history.

THE CANADIAN PRESS

CEO implied extortion: Journalist

COURT

Freelancer suing John Furlong for defamation

A journalist who is suing former Vancouver Olympic CEO John Furlong for defamation says she was devastated and shocked after he implied she tried to extort money from him.

Laura Robinson told a civil trial that she was deeply disturbed by remarks Furlong made after her article was published in the Georgia Straight newspaper about his past in Burns Lake, B.C.

"There was no inkling in all my questions that I was part of some extortion scheme. It's a federal offence. It was just shocking," she testified on Tuesday.

The story included allegations by eight former students that Furlong had beaten and taunted them while working as a physical education teacher at a Roman Catholic elementary school in the late 1960s and early 1970s.

At a news conference in September 2012 after the story was published, Furlong said that he had been contacted prior to the 2010 Winter Olympic Games and was told that "for a payment it could be made to go away." He did not say who contacted him.

His lawyer John Hunter told reporters outside the courthouse Tuesday that his client "never" accused Robinson of extortion, but he declined to elaborate.

Hunter has said that Furlong's defence at trial will be qualified privilege, meaning he had a right to respond to Robinson's "attacks."

The lawyer has not yet had an opportunity to cross-examine Robinson. THE CANADIAN PRESS

Former Vancouver Olympics CEO John Furlong is pictured at B.C. Supreme Court in Vancouver, Monday.
JONATHAN HAYWARD/THE CANADIAN PRESS

HALIFAX

Jet that crashed was mechanically sound

An Air Canada jet that crashed about 200 metres short of a runway at the Halifax airport during a March snowstorm had no major mechanical problems, the Transportation Safety Board says in a preliminary report released Tuesday.

Of the 133 passengers and five crew members aboard the flight from Toronto, 25 were injured.

The independent board's update says the Airbus 320-200 was correctly configured for landing, its air speed was consistent with a normal approach and there were no mechanical deficiencies with its engines, flight controls, landing gear and navigation systems.

25

25 of the 133 passengers and crew of Flight 624 were injured while landing during a snowstorm.

Lead investigator Doug McEwen said the investigation has not been completed, but his team has already taken a close look at the plane's engines, airframe and components.

The board's update also confirmed that the weather at the time of the crash was poor.

At 12:15 a.m. on March 29, the wind was gusting at 48 kilometres per hour from the north-northwest and forward visibility was 800 metres amid snow and drifting snow, the statement says. The plane hit the ground at 12:43 a.m. As well, the board says vertical visibility above the ground was just 91 metres.

Passengers have said the plane circled the airport for a half hour because the pilot said he was waiting for better visibility.

Shortly after the crash, Air Canada Chief Operating Officer Klaus Goersch said the weather was appropriate for landing.

In an emailed statement, an Air Canada spokesman said the airline wouldn't comment on an interim report.

The jet's flight-data recorder and cockpit voice recorder have been examined, but the board says it has yet to look into pilot training, experience and "human performance aspects."

McEwen said human performance refers to how members of the flight crew responded to one another in the cockpit and how they interacted with the cabin crew. The board's ongoing investigation will include producing an animation of the flight profile and reviewing cabin crashworthiness and the passenger evacuation procedures, among other things. THE CANADIAN PRESS

CRIME

American arrested at Manitoba border crossing
Border officers in Manitoba have arrested a man from Minnesota after they found a portable drug production lab in a backpack.

The Canada Border Services Agency says the man's car was stopped at the border crossing in Sprague on June 4.

Officers found materials for a suspected methamphetamine lab in a backpack in the vehicle.

They also seized a plastic bottle containing 85 grams of what they suspect is meth.

Specialized RCMP officers and firefighters were called in to dismantle the lab.

Derek Olson of Wadena, Minn. is charged with production of methamphetamine, importing/exporting methamphetamine and possession for the purpose of trafficking. He remains in custody. THE CANADIAN PRESS

Manitoba Hydro – your energy expert

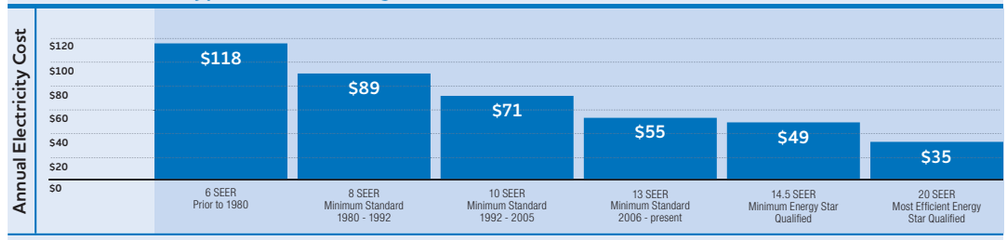
Air conditioning season is here

Time to prepare your central or window air conditioning unit for the warmer weather.

- Inspect the air filter; clean or change, if necessary.
- Clear the area around the outside condenser coil.
- Check the outside condenser coil regularly to ensure it's clean and not blocked with leaves, pollen, grass, dirt, etc.
- Ensure that the return and supply registers in your home (if you have central air) are unobstructed or that the window unit is not blocked by furniture or drapery.
- Direct the vents upward to blow the cool air up; it will drift naturally down to floor level.
- Ensure that the drain line from the coil within the home is clear and unobstructed (central air systems).
- Caulk and weather strip around windows and doors to prevent the cool air from leaking out and the heat from leaking in.
- During operation, keep windows closed and draperies drawn on windows facing the sun.
- A central air conditioner with a SEER of 13 will save $10-$20/year† compared to an older unit with a SEER rating of 10.
- Book your central air conditioning contractor for an annual cleaning and inspection (this is a good time to check your furnace too!). The service should include cleaning of the outside condenser coil, inside evaporator coil, inside fan assembly, filter replacement, inspecting all other components, and checking that the system is operating correctly.

A properly sized unit will run continuously on a hot, humid day, steadily condensing out moisture on the cooling coils and lowering the relative humidity for a far more comfortable condition. Talk to your contractor about the proper air conditioner size for your home.

Typical Home Cooling Costs 2 ton (24,000 Btu/h) unit operating 400 hours/year with non continuous furnace fan



Efficiency Ratings of Central Air Conditioners

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The Donald seeks Republican nod to become The President

U.S. ELECTION

American dream will be back, iconic developer vows

Donald Trump might never be president of the United States — at least not judging by the mockery from Democrats and mournful tweets from some Republicans following his campaign launch Tuesday.

But he just might have succeeded in carving out a place in American political history, with one of the more unusual announcement speeches of any candidate.

The bombastic billionaire arrived onstage by escalator, descending to the tune of Rocking In The Free World. His choice of theme music, a song about American decline sung by a Canadian liberal, Neil Young, was hardly the day's biggest surprise.

After toying for years with the idea of a presidential run, the real-estate mogul announced his plan to seek the Republican nomination.

He proceeded to speak without notes for nearly an hour, during which he:

• Insulted Mexicans:

Trump promised to build a wall along the border and force Mexico to pay for it. "They are not our friend, believe me. They are killing us economically. The U.S. has become a dumping ground for everybody else's problems. When Mexico sends its people, they are not sending their best... They are bringing drugs. They are bringing crime, their rapists, and some I assume are good people."

• Made bold promises:

"I will be the greatest jobs president that God ever created, I tell you that. I'll bring back our jobs from China, Japan, Mexico, so many other places. And I'll bring back our money."

• Drew sweeping conclusions from his Republican rivals' campaign launches, which he found lacking:

"They didn't know the air conditioner didn't work. They sweated like dogs. They didn't know the room was too big... How are they gonna beat ISIS?"

• Plugged his golf courses:

He insulted President Barack Obama for playing so much golf, then pivoted into a sales pitch: "I have the best courses in the world. So I'd say, if you want... I have one right next to the White House."

• Called many people stupid:

America's leaders for paying interest on debt; New York State officials who allowed prisoners to escape — all branded with the same dreaded epithet: "How stupid are our leaders?"

• Compared the Chinese to Super Bowl champion Tom Brady:

"I just sold an apartment for $15 million to someone from China. Am I supposed to dislike them?... I love China. But their leaders are much smarter than our leaders. It's like having Tom Brady and the New England Patriots playing a high-school football team."

• Issued tariff threats:

One of the things he'd do, he said, is call Ford's president and say: "Congrats on building the new plant in Mexico... Lemme give you the bad news.'' The bad news? A 35 per cent tax on every part made in Mexico, until Ford moves a plant to the U.S.

• Teased Secretary of State John Kerry for breaking his leg while bicycling:

Trump said he'd be busy preventing Iran from getting a nuclear weapon instead of cycling.

His speech carried several dire comparisons of the U.S. to a "Third World country" because of crumbling infrastructure. But he concluded on a positive note: "Sadly, the American dream is dead. But if I get elected president, I will bring it back — bigger, and better and stronger." THE CANADIAN PRESS

Supporters of real-estate developer Donald Trump, below, line the lobby of Trump Tower in New York Tuesday before his announcement that he will seek the Republican nomination for U.S. president. RICHARD DREW/THE ASSOCIATED PRESS PHOTOS

> **"I'll bring back our jobs from China, Japan, Mexico, so many other places. And I'll bring back our money.**
> Donald Trump

$8.7 BILLION

Trump said his team of accountants had spent months tabulating his net worth. They finally settled on $8.7375 billion.

"I'm really rich. And by the way, I'm not even saying that (to) brag. That's the kind of mindset, the kind of thinking, you need for this country.... We have the opposite thinking: We have losers.''

GEORGIA

Lions, tigers found dead after flood

All of the lions and tigers that were missing after severe flooding swamped Tbilisi's zoo have been found dead. One jaguar remained unaccounted for, but zoo staff said they have little hope that it survived.

The discovery of the last of the missing lions and tigers on Tuesday as the waters receded eased fears in the capital of Georgia, an ex-Soviet republic, that some of the big cats were still wandering the hills of the city.

The human death toll rose to 19 on Tuesday as workers continued to comb the flood-damaged areas. Six people were still missing, the state security council said in a statement.

An intense downpour that began late Saturday turned a stream that runs through the city into a raging torrent that destroyed houses and tore up roads. About 40 families lost their homes.

Zoo spokeswoman Mziya Sharashidze said eight lions, all seven of the zoo's tigers and at least two of its three jaguars were killed. Only two of the zoo's 14 bears survived, she said.

THE ASSOCIATED PRESS

IN BRIEF

Putin issues reminder of Russia's military might

Russia's military this year will receive over 40 new intercontinental ballistic missiles capable of piercing any missile defences, President Vladimir Putin said Tuesday at an arms show in Alabino, just west of Moscow.

Russia's relations with the West have plunged to their lowest point since Cold War times, over Moscow's annexation of Ukraine's Crimean Peninsula and support for a pro-Russia separatist insurgency in eastern Ukraine.

THE ASSOCIATED PRESS

TERRORISM

Powerful Yemeni Al-Qaida leader killed in U.S. airstrike

A U.S. airstrike has killed Al-Qaida's No. 2 leader, who commanded its powerful Yemeni affiliate, dealing the global network its biggest blow since the killing of Osama bin Laden and eliminating a charismatic leader at a time when it is vying with the Islamic State group for the mantle of global jihad.

Nasir al-Wahishi is the latest in a series of senior figures from al-Qaida's Yemen branch eliminated by U.S. drone strikes the past five months, including its top ideologue and a senior military commander.

The U.S. has intensified its campaign, trying to push back the group as it has captured new territory in Yemen by taking advantage of the southern Arabian nation's chronic chaos.

The U.S. activity against al-Qaida is also not limited to Yemen. Over the weekend, a U.S. airstrike in Libya targeted an al-Qaida-linked militant commander, Mokhtar Belmokhtar, who led a 2013 attack on an Algerian gas complex that killed 35 hostages including several Americans.

U.S. officials are still trying to confirm whether he was killed in the raid.

Al-Wahishi was a former aide to bin Laden who, after the al-Qaida affiliate in Saudi Arabia was crushed in the mid-2000s, rebuilt it in his homeland Yemen and turned it into the terror network's most dangerous branch. The U.S. put a bounty of up to $10 million on al-Wahishi.

The Yemeni branch, known as al-Qaida in the Arabian Peninsula, claimed responsibility for January's attack on the French satirical magazine Charlie Hebdo that killed 12 people.

THE ASSOCIATED PRESS

Balcony collapse kills students

CALIFORNIA

Many of the victims were visiting U.S. from Ireland

A 21st-birthday party thrown by a group of visiting Irish college students turned tragic early Tuesday when the fourth-floor balcony they were crowded on collapsed with a sharp crack, spilling 13 people about 50 feet onto the pavement. Six people were killed and seven seriously injured.

Police and fire and building officials were working to figure out why the roughly five-by-10-foot concrete-floor balcony broke loose from the side of the stucco apartment building, situated a couple of blocks from the campus of the University of California, Berkeley.

High school student Jason Biswas' family nearby was awakened by the noise.

"They thought there was an earthquake, but then we looked out the window and saw seven or eight people on the ground," the 16-year-old said. "There were piles of blood everywhere."

A woman cries as she leaves flowers at the scene of a balcony collapse at an apartment building near UC Berkeley on Tuesday in Berkeley, Calif. JUSTIN SULLIVAN/GETTY IMAGES

Five of the dead were 21-year-olds from Ireland who were in the country on so-called J-1 visas that enable young people to work and travel in the U.S. over the summer, while the sixth victim was from California, authorities said.

The news brought an outpouring of grief in Ireland, from the prime minister on down.

Police had gotten a complaint about a loud party in the apartment about an hour before the accident but had not yet arrived when the balcony gave way just after 12:30 a.m., spokesman Byron White said. Irish Prime Minister Enda Kenny said police told him 13 people were on the balcony.

"I just heard a bang and a lot of shouting," said Dan Sullivan, a 21-year-old student from Ireland who was asleep in the five-storey building. Mark Neville, another Irish student in the building, said: "I walked out and I saw rubble on the street and a bunch of Irish students crying."

Berkeley police Chief Michael Neeham said the response to the noise complaint had been given a lower priority after police received a call of shots fired elsewhere. Police arrived to find the metal-rail balcony had fallen off the side of the building and landed on the third-floor balcony beneath it.

Berkeley officials said the building code would have required the balcony to hold 60 pounds per square foot, which in this case would work out to somewhere around 3,000 pounds — more than 13 normal-size people.

Investigators will probably look first at whether the balcony was built to code and whether rain or other weather weakened it, said Kevin Moore, a San Francisco engineer and chairman of the structural standards committee of the Structural Engineers Association of California. THE ASSOCIATED PRESS

NEW YORK

Weather disrupts search for convicts

Search teams hindered by cool, rainy weather combed through woods in far northern New York for an 11th day trying to track down two escaped murderers as one official raised doubts Tuesday that they relied solely on a now-jailed prison worker to help them get away after their breakout.

More than 800 law enforcement officers who are searching for David Sweat and Richard Matt shifted their focus eastward along Route 374 leading from the village of Dannemora, home of Clinton Correctional Facility.

Clinton County Sheriff David Favro said rain has been washing away any scent search dogs might find and interfering with thermal imaging devices being used to detect body heat.

Favro said Tuesday that while he has "no concrete information," he doesn't believe the escapees would have counted only on Joyce Mitchell for the ultimate success of their escape plan. THE ASSOCIATED PRESS

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More than 1 in 3 families at debt limit

POLL

Homeowners would face hard times with a 10% increase

Nearly half of Canadian homeowners are taking steps to cut their mortgage debt, but many would be in trouble if their monthly payments grew even slightly, a survey by Manulife Bank of Canada suggests.

Manulife says 18 per cent of homeowners made extra lump-sum payments towards their mortgages in the past year, while 17 per cent increased their regular payments. Another 5 per cent of respondents did both.

In total, 40 per cent of the homeowners polled made extra mortgage payments during the past year, while 60 per cent did not. The average amount of additional mortgage payments was $6,300.

Manulife Bank of Canada's president and CEO Rick Lunny said it's encouraging that many homeowners are taking steps to reduce their mortgage debt.

However, the survey also found more than a third of homeowners polled would face financial hardship if their mortgage payments increased by just 10 per cent.

"Having your payments go up 10 per cent sounds like a lot, but if you have a $200,000 mortgage and interest rates go up 1 per cent, that's a 10 per cent increase in your mortgage payments," Lunny said. "So there's not much room here for those people."

Meanwhile, another 15 per cent of homeowners said they couldn't handle any increases at all in their mortgage payments.

Manulife polled 2,372 Canadian homeowners in all provinces from Feb. 10-27. Respondents were all between the ages of 20 and 59 and had a minimum household income of $50,000.

> **There's not much room here for those people.**
> Manulife CEO Rick Lunny

The polling industry's professional body, the Marketing Research and Intelligence Association, said online surveys cannot be assigned a margin of error.

The Manulife survey found that Canadian homeowners are carrying an average of $190,000 in mortgage debt, with Albertans carrying the heaviest debt load — an average of $242,300.

That's followed by $217,300 in British Columbia, $196,900 in Manitoba and Saskatchewan and $193,000 in Ontario.

Atlantic Canada has the lowest average mortgage debt at $127,300. THE CANADIAN PRESS

PARIS BOEING STRIKES BIG DEAL AT AIR SHOW Korean Air CEO Cho Yang-Ho and Boeing Commercial Airplanes president and CEO Ray Conner pose at the International Paris Airshow at Le Bourget. Boeing landed the biggest order of the show so far with a deal for 100 of its 737s yesterday. AFP/GETTY IMAGES

IN BRIEF

Toyota recalls 1.4M vehicles

Toyota is adding nearly 1.4 million cars, trucks and SUVs to a growing recall for air bags that can explode with too much force.

The company says it is expanding a previous recall after Takata Corp. of Japan agreed to double the size of its air bag inflator recall to 33.8 million.

Vehicles added to a passenger air bag inflator recall include the 2003 to 2007 Corolla and Matrix, 2005 and 2006 Tundra pickup, 2005 to 2007 Sequoia SUV and the 2003 to 2007 Lexus SC430 convertible.

THE ASSOCIATED PRESS

market minute

DOLLAR 81.22¢ (+0.03¢)

TSX 14,753.05 (-3)

OIL $59.97 US (+0.45¢)

GOLD $1,180.90 US (-$4.90)

NATURAL GAS: $2.894US (-0.5¢)
DOW JONES: 17,904.48 (+113.31)

PRIVACY STANDARDS

Activists depart from facial recognition talks

Retailers are able to scan your face digitally, and use that identification to offer you special prices or recognize you as a prior shoplifter. Should they use it? Should they need your permission?

Privacy advocates announced yesterday they have walked away from a U.S. government-run effort with industry intended to answer these questions.

The idea behind the negotiations was to hash out voluntary protocols for facial-recognition technology in a way that doesn't hurt consumers. The Commerce Department's National Telecommunications and Information Administration (NTIA) mediated.

The two sides had been meeting for 16 months, including last week, until the nine major privacy groups said they had hit a dead end and that "people deserve more protection than they are likely to get in this forum."

Industry groups said they still believe consensus could be found on issues such as transparency, notification and data security.

The ability to apply a unique signature to a person's face, even if you don't identify them by name, is particularly invasive, according to privacy advocates. THE ASSOCIATED PRESS

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PRO CON

Is home-schooling a good idea?

YES: Home-schoolers are high achievers

Mom and dad make great teachers — and they're choosing to fill that role more than ever. A Fraser Institute study released Tuesday showed home-schooling grew 29 per cent in Canada from 2007 to 2012, while public school enrollment fell 2.5 per cent. The authors cited research suggesting home-schooled children score higher on academic tests, if they follow a structured program. The institute, which is conservative and favours parental choice, also pointed out that home-schooling saves governments $256 million each year.

NO: School is the best place to learn social skills

Many parents worry home-schooled kids miss out on the intangible benefits of going to school that are hard to capture in studies, such as learning how to make friends. Also, the evidence of home-schooling's academic benefits is scant — one Canadian study the Fraser Institute cites had only 74 participants. Another, though its sample size was in the thousands, involved home-schooling families who chose to participate and was authored by the president of the National Home Education Research Institute.

Science and society show gender is fluid

THE SCIENCE
Stephanie Orford

Until very recently, we thought about gender the way we think about signs on washroom doors. There are two options: male and female.

But at least since endocrinologist Harry Benjamin first published research about his transgender patients in the 1960s, scientists have observed that people have a range of gender identities.

"The notion ... that there are only two sexes has actually been frequently overturned in science," says Elizabeth Saewyc, a professor of nursing and adolescent medicine at UBC who leads the Stigma and Resilience Among Vulnerable Youth Centre at UBC. "There's a bit more of a continuum."

Now Canadians' awareness of gender variation is finally catching up with the science. As discussions about gender identity hit the mainstream, we need to make sure sensitivity and respect are always part of the conversation.

Many Canadians had a gender epiphany earlier this month when Caitlyn Jenner, formerly Bruce Jenner, pushed transgender issues into the mainstream with her Vanity Fair cover. Last week pop star Miley Cyrus revealed her fluid gender identity in an interview with Paper Magazine.

The conversation is rippling across the politics and policy worlds, too. An Ontario judge has ruled that a transgender child whose parents were fighting over her identity should be allowed to discover that identity for herself (she identifies as female).

On June 1, the Alberta Bill of Rights was amended to include the rights of Albertans to determine their own gender identity and express it as they please.

As many as one in 100 people have gender identities that are different from their biological sex at birth.

Many biological causes of transgender identity have been suggested, but none have been proven definitively. It's a highly complicated interplay of genes and environment, and many aspects are still unknown.

Scientists do know gender identity is deeply ingrained early in life, likely before birth, says Saewyc.

As we find out more and grapple with the rights, social norms and expectations around the many variations of gender identity, Canadians need to accept and embrace that variations — much like variations in sexual orientation — are natural, normal and can't be changed.

Many biological causes of transgender identity have been suggested, but none proven definitively. It's a highly complicated interplay of genes and environment.

"It's really important to recognize and celebrate the diversity of human gender and sex," says Saewyc. "For far too long we have, as societies across the world, discriminated and stigmatized against people who are outside the stereotypical binary."

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

ROSEMARY WESTWOOD
metroview

Real change, not just election reform, will to inspire youth

You know what's great?

Two of the big three political parties are promising electoral reform, in a bid to combat voter apathy.

It's already part of the NDP's election platform. Yesterday, the Liberals said they'll replace our first-past-the-post system with a process more in line with the popular vote.

It's worth a try, given the Conservatives' majority is based on the support of just one-quarter of eligible voters (39 per cent of ballots cast).

But you know what would be better? A party that bothered to speak to young people.

They — we — are at the heart of the problem. Youth turnout has been nosediving since the 80s, dragging the overall rate with it. Only 38.8 per cent of people 18 to 24 voted in the last election (compared to 61.1 per cent overall). And, crucially, we're not becoming voters as we age.

This isn't a fringe issue for Canadians. Our democracy is suffering. Politicians can get what they want no matter how few of us vote. We can't say the same.

And it's not a problem of engagement. As UBC politics professor Max Cameron told me, "Young people have an enormous vocation for public service and a great interest in public affairs, but very few express that in terms of partisan politics."

That's because partisan politics ignores us.

Liberal Leader Justin Trudeau cares so deeply about the middle class, it's all he seems to talk about. And just yesterday NDP Leader Thomas Mulcair gave his own speech claiming dedication to the middle class. Whoever they may imagine belongs to this class, it's not young people.

Politicians flick at the youth unemployment rate and believe that — just by acknowledging it's abysmal — we trust them to fix it. We don't. Same goes for climate change. Any plans to dramatically reduce tuition fees, by chance? Or rent costs?

No, the political parties aren't all the same, but they seem more like soda brands fighting for market share than alternate visions of how to organize society, as Cameron told me. Will the next government shift us away from oil production or close the wage gap, end the war on drugs or even dramatically shrink the public service?

As much as I scorn the word disruptive, I could use some disruptive politics — say, the opportunity to elect someone other than a white man, seeing as, you know, we're not all white men.

So, thanks for the election reforms, guys. But I'll be shocked if they inspire young Canadians who don't vote and may never.

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Your essential daily news

Drake, Buffy Sainte-Marie among nominees for Polaris Music Prize

Unshaven armpits all the rage

PERSONAL GROOMING

Women take on mainstream beauty standards with natural look

On social media and red carpets, from New York to China, hairy underarms are having a mainstream moment.

Women are proudly showing off their growth on Instagram and YouTube, and it's not just Miley Cyrus anymore. Jemima Kirke of Girls flashed her fair-colored au naturel look — earning some cringes — at the June 1 CFDA awards, one of the top fashion events of the year.

On Sina Weibo, a popular microblogging site in China, the women's rights activist known as Xiao Meili held an Armpit Hair Competition, complete with prizes that included condoms and a vibrator, to protest societal pressure on women to shave under there.

Her effort earned more than 1.7 million hits.

"In the past two decades, there have been a lot of commercials and advertising for hair removal cream and laser removal of hair that have talked about women needing to shave their underarm hair and that the armpit area should be clean," said the 25-year-old Xiao, whose real name is Xiao Yue.

"My mother's generation didn't care about that, but now it has become a headache for women in the summer as they have to consider whether to shave that area or not," she said.

Love it or hate it, not shaving under the arms has morphed into a call to action for other women as well who are looking to be free of the constraint or choose for themselves without ridicule.

Mom Katherine Anne True, a registered nurse in Raynham, Mass., recently showed off her underarm growth on Instagram, though she has not joined others there who sport hair they've dyed blue and other festive colours.

"I started it a few months ago before I knew it was a trend," said True, 30.

At first, it was just for fun. Then the extra hair was met by cringes from her five-year-old daughter and nine-year-old niece.

"When the girls told me I '(had) to shave those' and were grossed out it was kind of startling that these gender stereotypes were already so ingrained at these ages," True said. "I do it, or rather don't do it, for me but also as a reminder to my daughter that it's up to the individual what we decide to do with our bodies."

Her daughter is now unfazed. Her niece still tells her to shave.

BODY HAIR CHOICES

Expression of identity is the key

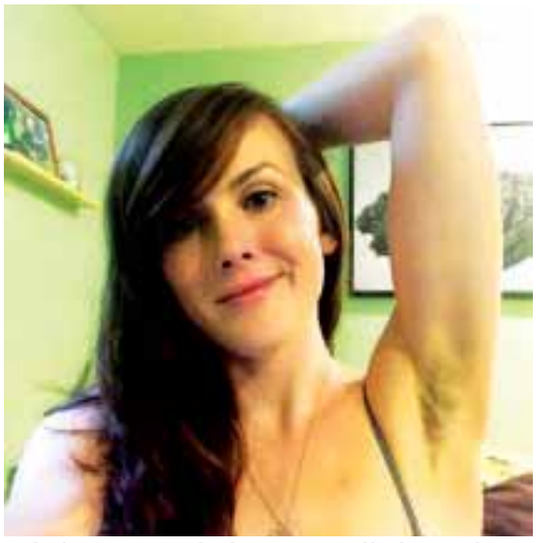
Maria Del Russo, a beauty editor for the millennial-focused fashion, style and beauty site Refinery29, said expression of identity is key in the mix. If there's any statement to be made, she said, it's this: "What one woman decides to do with her body hair is her business, and hers alone. For plenty of women, it's just hair."

Some celebrities have been sporting armpit hair forever. Lady Gaga used little shaggy turquoise wigs under her arms in 2011 while performing at the Much Music Awards to match the same colour in wigs for her head and an over-the-clothes crotch piece. Julia Roberts sported the grown-out look in 1999 at the London premiere of Notting Hill.

In parts of Europe and elsewhere around the world, it's never been about shorn. And until the rise of razors marketed specifically to women, along with sleeveless fashion at the turn of the 20th century, hair was far more there in North America, crossing over in more recent decades from a music fest-Earth mother ideal of femininity.

Photographer Ben Hopper in London has challenged the shorn mainstream in an online photo project he calls Natural Beauty. His collection of images includes Madonna and Roberts in full growth, along with models and everyday women through the decades.

There's a postcard from around 1920 portraying a young woman with crimped hair in a frilly dress provocatively flaunting bushy underarms. With lady marketing of razors, he explained, hair-free pits soon became the norm.



Katherine Anne True at her home. "I started it a few months ago before I knew it was a trend." At first, it was just for fun. Then the extra hair was met by cringes from her five-year-old daughter and nine-year-old niece. KATHERINE ANNE TRUE VIA THE ASSOCIATED PRESS

Jemima Kirke arrives at the 2015 CFDA Fashion Awards. EVAN AGOSTINI/INVISION/THE ASSOCIATED PRESS FILE

Xiao said in China, pressure to shave has come from the West.

"Women's underarm shaving in China only has about 20 years of history and that is because of advertising, which has changed people's minds," she said.

Xiao is known for eye-catching protests, and three of her contest participants were among five women's rights activists whose detentions in March received worldwide attention. In 2013, she shaved her head to protest the way women have to get higher scores than men to be admitted to some university courses.

"To shave or not is up to the woman," she said. "The purpose of this contest is not to call on people not to shave their underarm hair. It's to not criticize those who don't."

Leila Noelliste, creator and editor of the hair site BlackGirlLongHair, posted a display of women showing off their growth and sees no downside.

"Much of what women consider beautiful is based on standards set by men, so it's refreshing to witness a woman-centred beauty movement," she said.

Angelique Serrano, beauty director for InStyle magazine, said there's clearly no one right way to approach the pits, on feminist, beauty or hygiene grounds. The magazine offered a tutorial on its website late last year on how to achieve neon Rainbow Brite tints with bleach and Manic Panic dye after the hashtag #dyedpits popped up on Twitter and Instagram.

"With the help of social media, the conversation is reaching a new level," she said. "People are sharing their personal choices in a public way."

THE ASSOCIATED PRESS

Father's Day grub dad won't snub

QUICK FIX TESTOSTERONE

Boost dad's manliness with these vitamin-rich delights

WORD OF MOUTH
Theresa Albert
myfriendinfood.com

Foods that are high in protein, zinc and vitamin D are sure-fire hits for dad this Father's Day. ISTOCK

In a recent survey about gifts for Father's Day, one third of dads polled said they don't want a gift on June 21 — they just want to spend quality time with the family.

Cooking together is one way to do it, so here are the top three foods he needs to satisfy that hormone called testosterone.

These foods contain three key nutrients: zinc, protein and vitamin D to help build the critical hormone. The other items that the research points to for healthy T are a reduction of unhealthy weight and excess sugar as well as an increase in muscle-building activity. But don't pester him on Father's Day; just pass him these great guy foods:

Grass fed beef
High in protein and zinc and lower in the saturated fats that can interfere with hormone regulation. Let him build the fire (ok, light the BBQ) and grill it like the hunter he is at heart.

Shrimp
Containing vitamin D and omega 3 fats, these babies go on the grill right next to the beef and scream man food. Be sure you check the source of such shrimp, though. Marine Stewardship Council Certified (look for the MSC blue logo) is critical.

Pumpkin seeds
Loaded with Zinc and Magnesium to support his muscles that support his manliness, these green pepitas are easy to sneak in.
Use them in place of croutons in your Caesar Salad and call it a good Father's Day.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.

PIZZA OVENS

Can't stand the heat? Get out of the kitchen

Backyard pizza ovens are hot, hot, hot.

Besides being designed to reach "optimal" cooking temperatures upward of 425 to 540 C (800 to 1,000 F), demand has grown "exponentially" since Allan Ham started selling the ovens five years ago.

Propane and gas-fuelled variations on traditional ovens are being carried by major retailers.

Some homebuilders are including this old-fashioned, wood-fired "technology" in high-end, indoor kitchens, says Ham, owner of Outdoor Pizza Ovens in Shanty Bay, Ont., near Barrie.

Although the construction materials are better today, the classic ovens have changed little in centuries — a stone hearth covered by a stone-lined dome with a chimney. There is insulation behind the stone and the outside can be stucco, brick or mosaic tile.

But the traditional wood-fired ovens, with cooking surfaces from 12 to 44 inches or larger, don't come cheap. Even medium-sized ready-made units start at more than $2,000 and the largest, most elaborate ones can be closer to $9,000 (shipping and stands not necessarily included).

Ham sees potential in a Finnish-inspired product that's not much bigger than a suitcase, sits on a picnic table, uses wood pellets as fuel and heats to more than 425 C (800 F) in 10 minutes. It costs $400.

About half his buyers buy kits to build their own, but even those run from about $1,200 to $5,000.

So why invest thousands of dollars to return to a form of cooking that's been around for millennia?

"I think we're all drawn to fire," Ham says. "It's in our DNA. The oven door's open all the time and you see the fire and you see your food cooking right before your eyes. ...

"And ultimately it's the taste of the food" and the wood smoke that gives even familiar dishes a new flavour.

There are two basic kinds of wood-fired outdoor ovens.

In a "black oven," the wood burns on the stone floor. Depending on the oven's size and quality of the wood, it takes 45 to 90 minutes to heat the oven to optimal temperature, Ham says.

Although often called "pizza ovens," black ovens can be used as smokers and to bake, roast and grill. You can set a grate inside and cook over the coals as you would on a barbecue or brush the wood and ash aside and cook directly on the hearth.

It retains the heat so well that an oven heated to optimal temperature in the evening will still have an internal temperature of 180 or 200 C (350 to 400 F) the next morning — enough to bake bread.

In "white ovens," the fire chamber is below the oven. You don't have to clean up wood or ash, but "they don't hold their heat into the next day or you can't grill in that oven. It's just basically an oven or a smoker."

THE CANADIAN PRESS

THINGS TO KNOW

- Outdoor pizza ovens must meet CSA/UL certification standards, but care is required for all appliances.
- The recommended fuel is dry hardwood.
- Cast-iron or clay pots and skillets are best in high temperatures.
- Required maintenance is very low because there are no moving parts (except maybe doors) on many pizza ovens.

Two wood-fired pizza ovens from Forno Bravo of California are good examples of the growing backyard pizza oven trend.
THE CANADIAN PRESS

SUMMER DRINKS

A Brit's taste of summer

LIQUID ASSETS
Peter Rockwell
@therealwineguy

England's classic aperitifs are making a comeback as home bartenders look for simple-to-make cocktails to help celebrate the coming of the summer season.

You can't get more old-school than Pimm's No. 1 Cup ($22.59 – $27.98). Invented by James Pimm in 1823, it's a gin-based spirit made with a secret blend of herbs, fruit juices and liqueurs.

The Brits like it stirred with sparkling lemonade (often replaced with ginger ale in North America) over ice and is typically garnished with a wedge of orange and a sprig of mint.

A NATURE OASIS CLOSE TO HOME

TAKE THE FAMILY TO FORTWHYTE ALIVE

CONTRIBUTED

If you are looking for outdoor adventures this summer, consider FortWhyte Alive. The centre's summer programming calendar is full of opportunities for family time in nature.

In our modern world, we spend most of our days inside, whether it's in an office, school, or home to escape the cold. On average, children spend six minutes each day doing outdoor activities and six hours in front of a computer.

Research shows that the less time people spend outside, the more likely they are to experience stress, anxiety, depression, obesity and heart disease.

Families can positively influence each other by spending more time outdoors and improve their health. Luckily, FortWhyte Alive is there to help.

For the adventurous, check out Open Paddle nights Tuesdays and Thursdays. In partnership with Mountain Equipment Co-op and The Wilderness Supply Company, a selection of canoes and kayaks are available to test out on FortWhyte's small, sheltered lakes. Anyone keen to try kayaking or canoeing in a safe environment is welcome to join.

Is there a budding naturalist in your midst? FortWhyte Alive is a nature oasis with forests, wetlands and prairie to explore, all within city limits. Learn more about the science behind the natural world by attending a Citizen Science session this summer, or walk the trails, identifying plants and animals along the way. FortWhyte Alive also hosts summer camp programs for ages four to 13 to explore nature and get active.

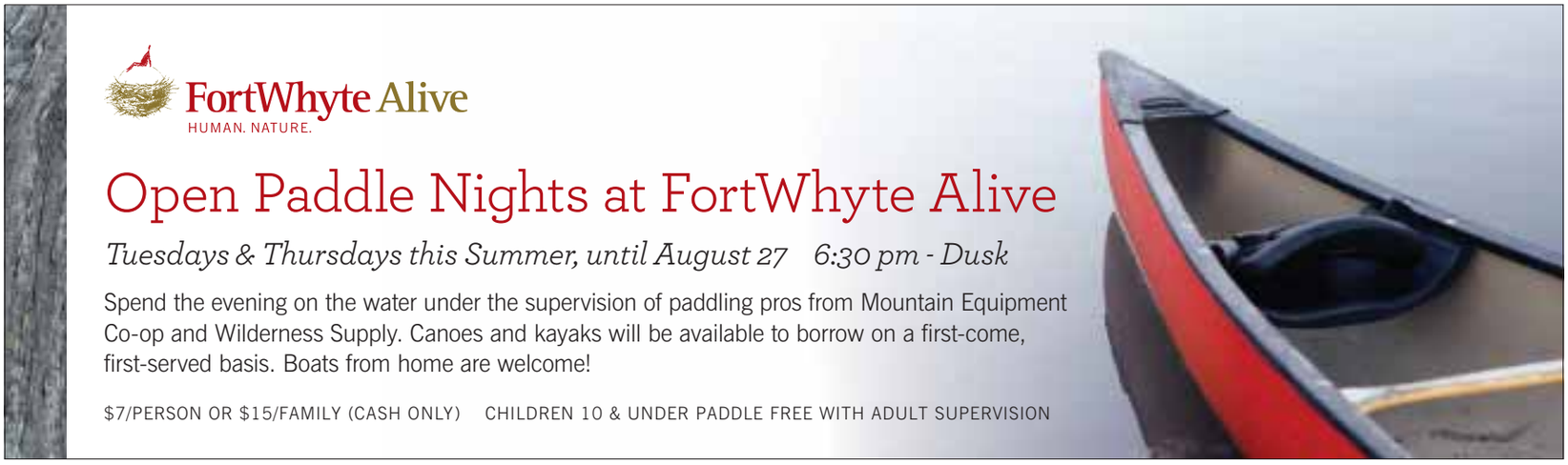
For the active family that prefers to go at their own pace, FortWhyte Alive is packed with other fun programs and self-guided rentals, including fishing, biking, canoeing, dipnetting and family adventure bags. This year, the environmental, education and recreation centre has a summer membership special, which includes free cruiser bike rentals with a family membership.

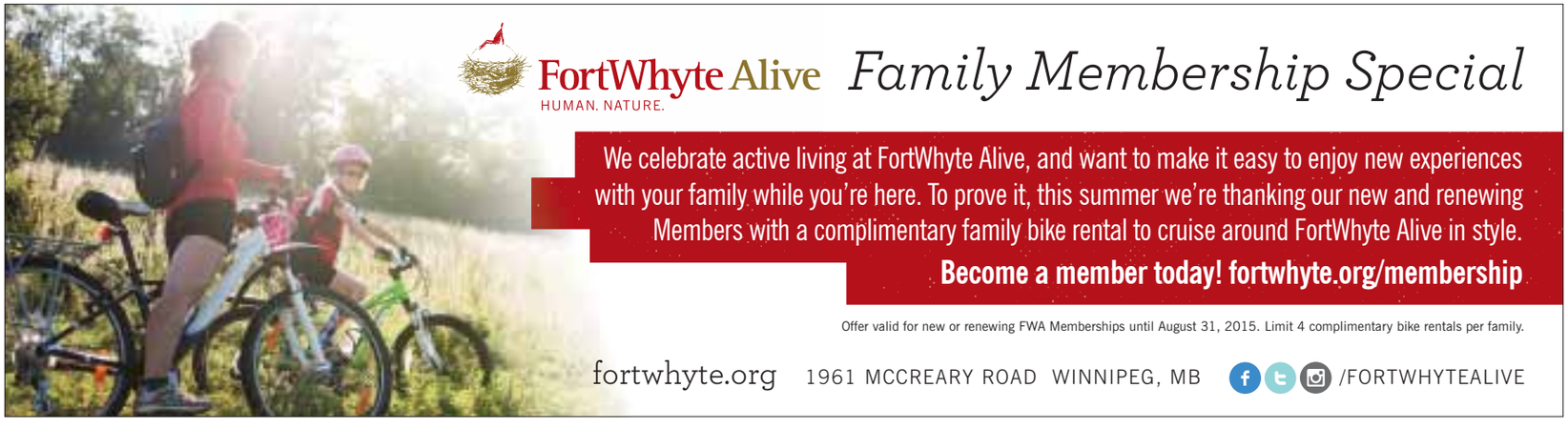
FortWhyte Alive is packed with events this summer for all ages, including Nordic walking on Saturdays, active living Tuesdays for seniors, and stroller fitness for mothers on Thursdays.

With so many reasons to get outside, there is no reason not to go to FortWhyte Alive.

PLAN AHEAD

Upcoming events at FortWhyte Alive include:
WEDNESDAYS — Wild Thing Yoga and Alive Adventure: Intro into Wilderness Survival.
THURSDAYS AND SATURDAYS — Bison Safari.
SUNDAYS — Sod House Pioneers.


FortWhyte Alive
HUMAN. NATURE.
Open Paddle Nights at FortWhyte Alive
Tuesdays & Thursdays this Summer, until August 27 6:30 pm - Dusk
Spend the evening on the water under the supervision of paddling pros from Mountain Equipment Co-op and Wilderness Supply. Canoes and kayaks will be available to borrow on a first-come, first-served basis. Boats from home are welcome!
$7/PERSON OR $15/FAMILY (CASH ONLY) CHILDREN 10 & UNDER PADDLE FREE WITH ADULT SUPERVISION


FortWhyte Alive
HUMAN. NATURE.
Family Membership Special
We celebrate active living at FortWhyte Alive, and want to make it easy to enjoy new experiences with your family while you're here. To prove it, this summer we're thanking our new and renewing Members with a complimentary family bike rental to cruise around FortWhyte Alive in style.
Become a member today! fortwhyte.org/membership
Offer valid for new or renewing FWA Memberships until August 31, 2015. Limit 4 complimentary bike rentals per family.
fortwhyte.org 1961 MCCREARY ROAD WINNIPEG, MB /FORTWHYTEALIVE

CONTRIBUTED

The net result of Super-Spike is fun

Annual volleyball tournament taking place July 17-18

If volleyball isn't your game and you haven't played since Grade 8 intramurals, don't worry, that still shouldn't deter you from attending Super-Spike, Western Canada's biggest annual outdoor volleyball tournament.

Taking place July 17-18 at Maple Grove Rugby Park, Super-Spike is not your typical co-ed volleyball tournament, with an emphasis more on fun rather than competition. Along with volleyball, Super-Spike encompasses a two-day music festival featuring 12 live acts, more than a dozen food trucks, and one of Winnipeg's largest seasonal beer gardens, all set in a festival atmosphere.

When it comes to volleyball, it's more "resort-style" play than competitive action.

"One of our most popular divisions is the recreational division where you are not even allowed to spike," says John Blacher, who oversees the tournament side of the event.

"It's like being down in a Caribbean resort where there is music in the background, cold drinks in hand, and you are just trying to get the volleyball over the net anyway you can."

Last year, Super-Spike saw 441 teams take part, with a goal of 500 for this year. The event has continuously grown in each of its 13 years to date, a far climb from 32 teams in Year 1.

Another cool fact about Super-Spike is that it is a not-for-profit event that raises money for the Winnipeg-based national women's volleyball team.

If you still have cold feet about trying to bump a volleyball, don't worry, event passes are available to see the bands or watch the action.

"What we typically see when first-timers come out to just see the bands and hang back is that they are registering a team the following year," Blacher says. "There are divisions of volleyball for all skill levels and whether it is your first time ever playing, or you want to be in the competitive division, there is a place for you here."

To register a team or purchase an event pass, visit superspike.ca.

The end
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FOR RIMS + INTERIOR + GLASS

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WHEN IT COMES TO CLEAN THERE'S ONLY ONE Mr.

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metro DRIVE

Your essential daily news

BMW is pressing ahead with its fuel-cell car, which could go on sale by 2020

Features pack Lexus NX 300h

ROAD TESTED

JIL McINTOSH/FOR METRO

REVIEW

Compact SUV could be more fun to drive, though

Jil McIntosh
For Metro

Toyota was the first automaker to launch a hybrid, and over the years, it has used that technology in a number of Toyota and Lexus vehicles. Many of them are very good, but it falls a little short in the Lexus NX 300h, its all-new compact SUV.

You can get the NX with a conventional turbocharged 2.0-litre engine, while the 300h uses a 2.5-litre four-cylinder with electric motor and storage battery. The system automatically runs on gasoline, electricity, or a combination of the two, depending on what's needed. The system recharges the battery itself, and you don't plug it in.

The regular NX 200t starts at $41,450 and has five trim levels, but the 300h hybrid comes in a single, fully loaded, all-wheel-drive model for $59,450.

The styling is edgy, and Lexus says it's the company's first hybrid with a kick-down function when you want a burst of acceleration. But while I went in expecting at least some sporty performance because of that, I was disappointed. The steering is mushy, the brakes are grabby, and the engine drones. The only real payoff was an average of 6.6 L/100 kilometres in combined driving, which turned out to be better than the published numbers, and on regular-grade fuel.

The interior is all quality materials and stitched leather, but I had some issues here, as well. You use a touchscreen on the centre console to operate the infotainment system, but it's too sensitive and I had trouble hitting the icons, especially on uneven roads. There's a storage cover behind the wrist support that's topped with a removable cover. Flip it over, and it's a mirror. It's a nice idea in theory, I suppose, but I'm just seeing something that's easily broken or lost.

> **Steering is mushy, the brakes are grabby**

The NX 300h does include a lot of features, such as adaptive cruise control, lane departure alert, power tilt and telescopic wheel, power-folding rear seats, ventilated front seats, head-up display, and wireless phone charging. But for the money, I expected something that would be a lot more fun to drive. The company may be known for hybrids, but even the leaders don't always get it right.

THE CHECKLIST | 2015 LEXUS NX 300H

THE BASICS

Type. Four-door, five-passenger compact hybrid SUV.
Engine (hp). 2.5-litre I4 with hybrid system (154 gas only, 194 gas/electric).
Transmission. Continuously variable (CVT).
Price. $59,450 (as tested), plus destination.

JIL McINTOSH/FOR METRO

COOL FEATURES

- Heated and ventilated front seats.
- Power-folding rear seats.
- Heated steering wheel.
- Head-up display.
- Touchpad infotainment control.
- Adaptive cruise control.
- Power liftgate.

POINTS

- The NX 300h slots under the company's larger and deservedly popular RX hybrid. Lexus makes a total of six different hybrid cars and SUVs.
- The non-hybrid NX 200t starts at $41,450 and goes to $53,550.

MARKET POSITION

- The compact hybrid SUV segment is a very slim one, and the NX 300h really has only Infiniti as a competitor. There aren't many hybrid SUVs overall, but most are larger and pricier than the NX.

THE COMPETITION

Infiniti QX60 Hybrid
Base price: $54,900

Lexus RX 450h
Base price: $63,250

Porsche Cayenne S E-Hybrid
Base price: $87,700

STUDY

Bright light could ease that night drive

When you drive into the night, turn on a bright light to improve your performance, suggests a new study that says doing this could improve cognition and alertness.

This extends to night-shift workers whose work environment is dimly lit, for bright light suppresses the release of the natural sleep hormone melatonin, according to the researchers.

While this does not improve subjective alertness or co-ordination, it staves off the effects of sleep deprivation and, as the hours pass, bright light works better than dim light at enhancing your alertness.

In the study, the researchers screened would-be participants to find out their circadian rhythm chronotype, a scientific expression for whether you like to go to bed early and wake up early or if you prefer the opposite.

The researchers also screened them for sleep disorders and propensity for motion sickness because a driving simulator was the vehicle for the experiment.

They accepted 19 mostly male participants and structured the experiment in a crossover design involving repeated measures. Conditions for testing included having not experienced sleep deprivation within a week of driving the simulated circuit.

Participants were asked to stay awake until they exhibited sleep deprivation and 45 minutes later the research team exposed them to either dim light or bright light.

Next, they were asked to drive in the simulator for 45 minutes, divided into two circuits of at least 22 minutes each.

Being sleep deprived, they experienced telltale consequences that could have led to accidents in a real-life driving situation, and the incidents worsened as the task continued.

23

Average age of participants in the effect of bright light on sleep deprivation study. AFP

Bright light did not make much of a difference when compared to dim light until after the first 22-minute circuit; however, it made a significant, positive difference in the next, reducing would-be-accidents, according to the study.

"We were most surprised to find that significant differences between the bright-light condition and the dim-light condition occurred in the second lap of the simulated driving task rather than immediately following the bright light exposure," said lead author Denise Weisgerber, a doctoral candidate at Simon Fraser University in Burnaby, B.C.

Weisgerber said the experience of driving in a simulator might have aroused participants, thereby masking the effects of bright light during the first circuit. AFP

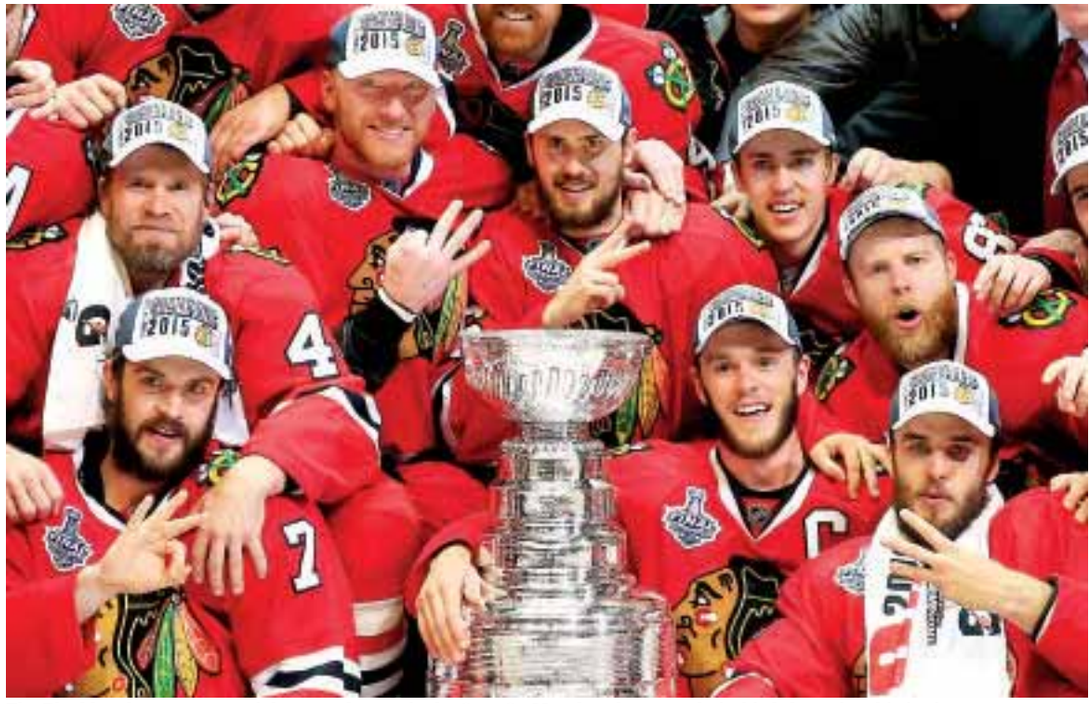
metro SPORTS
Your essential daily news

The Argos' Ricky Ray is on the six-game injured list as he recovers from shoulder surgery

Modern-day dynasty

NHL

Blackhawks proving they are the model team in cap era



The Blackhawks are a perennial contender to win the Cup. On Monday, they won their third championship in six years. TASOS KATOPODIS/GETTY IMAGES

Embracing on the ice while celebrating their second Stanley Cup together, blossoming Chicago Blackhawks star Brandon Saad and general manager Stan Bowman already started looking forward to the next one.

"We gave a hug and I said, 'This is the first of many, we're going to win a lot together,'" Bowman said. "He gave me a big hug and said, 'Let's go.'"

The Blackhawks' core of Jonathan Toews, Patrick Kane, Patrick Sharp, Duncan Keith, Brent Seabrook and Marian Hossa is already up to three Cups in six years, an incredible feat in the NHL's salary-cap era. While the cap was designed to prevent this kind of domination, Chicago has thrived with stars who shine in the playoffs and an ever-changing mix of role players and young contributors.

"It certainly is a credit to our leadership group on the team and also my staff has done a fantastic job drafting and developing players," Bowman said Monday night on the ice at the United Center. "The only way you make it work in this system is if you can have young players that you not only draft but you develop, or you find them as free agents and you develop them."

It has worked so well that the Blackhawks are starting to hear the word "dynasty" a lot. Commissioner Gary Bettman, a proponent and supporter of league-wide parity, told the crowd and team they had a dynasty when presenting Toews with the Cup.

They're not a dynasty by the traditional definition like the 1970s Montreal Canadiens or the 1980s New York Islanders or Edmonton Oilers, but like the Detroit Red Wings in the late 1990s and early 2000s, they've won multiple titles. In the cap-era they're the NHL's team of the decade.

> **Three in six years is amazing. What more can you really ask for, and we were so close last year, too.** Patrick Kane

Mark Messier, the captain of that Oilers dynasty, said during the final that a third Cup for the Blackhawks would be "an incredible feat."

"They're definitely a team on the cusp of being called a dynasty," Messier said last week. "There is no question about it." THE CANADIAN PRESS

WOMEN'S WORLD CUP

Midfielder Lawrence making her presence felt

Canadian midfielder Ashley Lawrence, right, celebrates her goal against the Netherlands with teammate Josee Belanger on Monday in Montreal. PAUL CHIASSON/THE CANADIAN PRESS

Midfielder Ashley Lawrence has never scored a more important goal in her young career.

On the biggest stage in women's soccer, the 20-year-old recorded Canada's only goal in a 1-1 draw with the Netherlands at the FIFA Women's World Cup on Monday night. The first-half strike was enough to give Canada top spot in Group A.

"She's been lighting it up in midfield," head coach John Herdman said of Lawrence. "A little bit of pace ... and just that composure to finish that goal. And she had a few chances tonight (Monday). She certainly had the bit between her teeth."

Ten minutes into Monday's contest, Lawrence — a Toronto native — pounced on a loose ball for Canada's first goal from open play of the tournament.

Right back Josee Belanger got the play going from the sidelines. Her throw-in was deflected by captain Christine Sinclair to Sophie Schmidt, whose shot was blocked by Dutch defender Mandy van den Ber. The ball bounced right to Lawrence, who side-footed the ball home for her first international goal in her 21st appearance.

"John really stressed as a midfielder just getting forward and getting in those right positions," Lawrence said after Monday's draw. "It was a great cross and the deflection came out and I just finished." THE CANADIAN PRESS

ON THE BOARD

With her goal on Monday, Lawrence became Canada's third youngest scorer in a World Cup.

IN BRIEF

Klassen expected to retire

Decorated speedskater Cindy Klassen is expected to announce her retirement Saturday at a news conference in Winnipeg.

Klassen is the only Canadian athlete to win five medals at a single Olympic Games with a gold, two silver and two bronze at the 2006 Winter Games in Turin, Italy.

Cindy Klassen THE CANADIAN PRESS

Jacques Rogge, the president of the International Olympic Committee at the time, dubbed Klassen "the woman of the Games."

Another bronze in 2002 ties Klassen with former teammate Clara Hughes as the most Olympic medals won by a Canadian athlete.

Klassen, 35, hasn't raced the last two years. She suffered a concussion while in-line skating in the summer of 2013. THE CANADIAN PRESS

Japan takes perfect record into knockout stage

Defending champion Japan became the first team to win all three of its group-stage matches at the Women's World Cup on Tuesday after defeating Ecuador 1-0 at Winnipeg Stadium.

Yuki Ogimi scored in the fifth minute for Japan, which secured first place in Group C and a spot in the knockout stage of the tournament.

Ecuador finished group play with three losses, being outscored 17-1 in the process.

Cameroon will also advance from Group C after defeating Switzerland 2-1 at Edmonton's Commonwealth Stadium. THE CANADIAN PRESS

NBA FINALS

Go to metronews.ca for coverage of Game 6 of the Finals.

RECIPE Flank Steak with Cherry Tomatoes, Pine Nuts and Feta

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Planning your patio season celebrations? This is a great meal for outside entertaining. Serves six.

Ready in
Prep time: 5 minutes
Cook time: 10 minutes

Ingredients
- 1 1/2 lb flank steak
- Salt and pepper
- 2 tsp olive oil
- 1 1/2 cup sliced cherry or grape tomatoes (yellow and red), sliced in half
- 3 Tbsp toasted pine nuts
- 1 1/2 oz crumbled feta cheese
- 3 Tbsp chopped basil

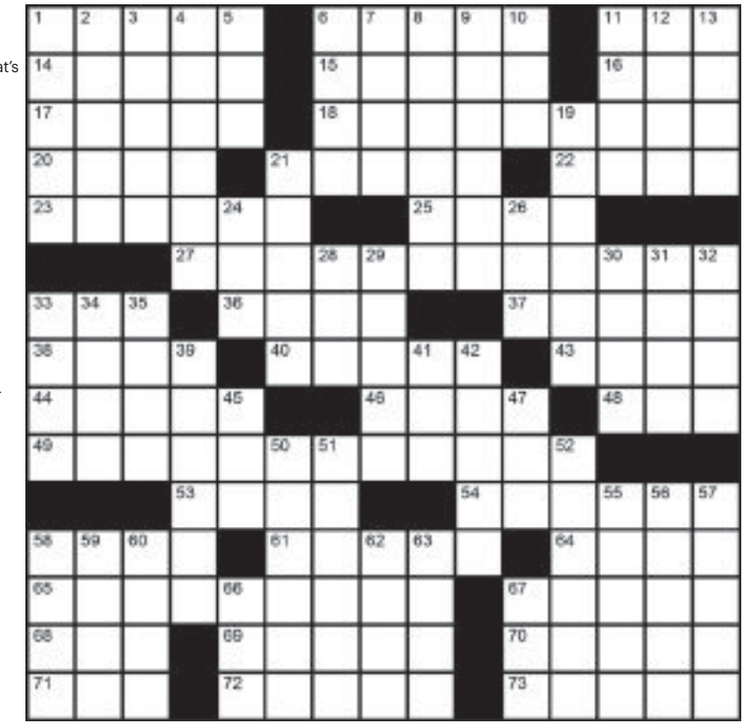
Directions
1. Season steak with salt and pepper. Grill for about five minutes per side, depending upon thickness, until cooked to your preference. For medium rare, let temperature reach 130 F. Let sit for 10 minutes. Alternatively, bake at 425F for the same amount of time.
2. Meanwhile, in large skillet, add olive oil and sauté tomatoes for two minutes.
3. Slice steak thinly across the grain and spread tomatoes, nuts, feta and basil over top.

Nutrition per serving
- Calories 280
- Carbohydrates 1 g
- Fibre 1 g
- Protein 34 g
- Fat 15 g
- Saturated fat 6 g
- Cholesterol 55 mg
- Sodium 150 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Old _ (Men's grooming brand)
6. "I'm not sure if that's good _ _ news?"
11. Premium auto
14. Nutty pie
15. Ms. Witherspoon
16. "Well, _-di-dah!"
17. Scottish landowner
18. Bryan Adams' 'I know not what I do' song, with Please: 2 wds.
20. Banda _ (City in Sumatra in Indonesia)
21. 'Mechanical Resonance' band
22. Off
23. Queen's chair
25. Tehran's locale
27. Corner Brook _ _ _ Limited (Company in Newfoundland that manages about 3.6 'mill'ion acres of forest)
33. _ Na Na
36. Change direction
37. Fearless
38. School year division
40. Paving stones
43. Mr. Kristofferson
44. Yukon-Alaska peak, Mount Saint _
46. 'Special' suffixes
48. Model Carol
49. McCain crust-and-filling snacks: 2 wds.
53. Aahs cohorts
54. Heaps
58. Dirt
61. Signs
64. Warmth
65. Fundy _ _ Adventures (Shubenacadie River tour provider in Nova Scotia)
67. Rigatoni
68. _-encompassing
69. Brings to life a ballad
70. Record
71. "See ya."
72. Carpentry grooves
73. Cup, in Montreal

DOWN
1. Fallen tomato's sound
2. Summery fruit
3. More frigid
4. Arnold's server on "Happy Days"
5. Conclusion
6. Ornamental pond fish, Golden _
7. Vintage autos
8. City in Leonard Cohen's "First We Take Manhattan"
9. Mount in Nunavut sharing the name of The Aesir's home in Norse mythology
10. Agnus _ (Mass prayer)
11. Bungled
12. Family member
13. _ protein powder
19. Joan of "Knots Landing": 2 wds.
21. Vancouver-headquartered communications company
24. Cashew
26. Police alert, commonly
28. Before
29. Caper
30. Prefix to 'normal'
31. Super nasty
32. Break
33. Footprint
34. Prefix to 'copter'
35. Tucson's li'l state
39. Corn oil brand
41. "Tut-tut!"
42. Thorny rose parts
45. Brazil: _ Louis
47. Pou _ (Vantage point)
50. Fear of something
51. Donny or Marie
52. "CBC News Now" host Ms. Meharchand
55. Tree abodes
56. Fig's friends
57. Gawk
58. Wild guess
59. Slick
60. Laze
62. Thus
63. Loch _ Monster
66. John Lennon's unintended acronym
67. Arfer, for one

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
No matter how far out your ideas you can find ways to make them work. It is sometimes said that everyone with a new idea is considered a crank, until the idea works. Your critics will soon be calling you a genius!

Taurus April 21 - May 21
If you take a chance today you could hit the jackpot. There are no guarantees but the planets promise if you have done your homework and planned things carefully you could easily be a winner.

Gemini May 22 - June 21
If you did not do something remarkable yesterday you will certainly do something remarkable today. Even if you are one of life's rare shy and retiring Geminis you will find ways to show the world what you can do.

Cancer June 22 - July 23
If you are the kind of Cancer who hates to see injustice then now is the time to do something about it. There are so many good causes out there and all of them crying out for people with your brand of compassion.

Leo July 24 - Aug. 23
The speed of your actions will take everyone by surprise. If a friend is in some kind of trouble you will go out of your way to help them, then a little bit further to take care of the source of the problem too.

Virgo Aug. 24 - Sept. 23
Many things are changing and you will have to adapt quickly if you want to stay one step ahead of your rivals. One day you will look back and give thanks that you were forced to move in a new direction.

Libra Sept. 24 - Oct. 23
You may have good reasons for wanting to keep information from certain individuals but it's unlikely the planets will let you. Once they know what you do, your the advantage will be gone but you're still better than they are.

Scorpio Oct. 24 - Nov. 22
You may find it very difficult to stay in control of your emotions today, but why would you want to? Sometimes it's good to let everything out, especially if you have been storing up negative feelings.

Sagittarius Nov. 23 - Dec. 21
Something rather shocking is likely to happen today. In a few days time you will realize you should have seen it coming. Be that as it may you are flexible enough to adapt and survive. You may even thrive.

Capricorn Dec. 22 - Jan. 20
Decide what needs to be done, then get on and do it. While your rivals are wasting time arguing about this and that you will be out there in the real world making things happen.

Aquarius Jan. 21 - Feb. 19
Following on from yesterday's new moon you will be in a highly creative mood and whatever you work on over the next 24 hours will bring you a great deal of joy and success. Follow your dream wherever it takes you.

Pisces Feb. 20 - March 20
A friend or relative will surprise everyone by what they do today and emotions are likely to be running high as a result. You though must remain calm and not let your own biases affect your judgment. It's not a matter of life or death.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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